

## Abstract ICMART Amsterdam 2023

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### **a) Introduction**

*New presentations to medical acupuncture will often have already seen multiple health practitioners. It's not uncommon for medical acupuncturists to view themselves as the physician of last resort. As a consequence, the typical patient seeking medical acupuncture might live with one or more chronic conditions. Static medical magnets are a promising emerging technology to improve clinical outcomes in complex patients.*

### **b) Method**

*A review of a case study and subsequent case series published in Medical Acupuncture presents the early evidence to support the use of static medical magnets as a potential treatment option for the complex patient. It is important to differentiate between medical magnets and common industrial magnets in both their design and therapeutic effects.*

### **c) Results**

*Acupuncture has been shown to have a wide therapeutic scope making it highly suitable to treat symptom clusters such as commonly occur in complex patients. Medical magnets offer another modality to stimulate acupuncture points as well as trigger points, motor points and other target tissues to simultaneously address multiple symptoms.*

### **d) Conclusion**

*Although medical magnets, like acupuncture, are not new technologies, their integration into modern medical practice is still in the "early adopter" phase. However, early evidence shows medical magnets as a promising treatment modality to add to the physician's treatment toolbox to provide better outcomes for patients with complex conditions.*

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